

Effective Cycling John Forester

Effective Cycling John Forester - Effective Cycling (The MIT Press) [John Forester] on Amazon.com. *FREE* shipping on qualifying offers. An updated edition of a classic handbook for cyclists from beginner to expert. Effective Cycling is an essential handbook for cyclists from beginner to expert. John Forester is an American industrial engineer and a noted cycling activist known as "the father of vehicular cycling" and for coining the term Effective Cycling. Early life Born in East Dulwich, London, England, Forester is the elder son of the writer and novelist C. S. Forester and his wife Kathleen. Effective Cycling is a trademarked cycling educational program designed by John Forester, which was the national education program of the League of American Wheelmen for a number of years until Forester withdrew permission for them to use the name. It is also the name of Forester's book (first published in 1976 and revised numerous times since then) on the topic. The core of John Forester's concept of Effective Cycling is that bicyclists fare best when they act, and are treated in return, as drivers of vehicles, with the same rights and responsibilities that motorists have. In this new edition of his classic introductory work, Forester reasserts this idea in terms of practice and education as well as theory while also addressing--among much else--the ...